

# The Sacrament of Reconciliation for Children and their Parents

## Preparing to go to Confession:

### A Children's Examination of Conscience

- Do I say my prayers to God?
- Do I do what my parents ask of me?
- Do I listen to my teachers and try hard in school?
- Do I play nicely with my brothers and sisters?
- Have I excluded anyone from my group of friends?
  - Have I told any lies?
- Have I said cruel things about other children?
- Have I taken anything that doesn't belong to me?

## Going to Reconciliation:

**Priest:** In the Name of the Father and of the Son and of the Holy Spirit. **Amen**

Let us place ourselves in God's presence, allowing Jesus to be in our hearts and on our lips so we might be honest with him about what we have done wrong.

*You are invited to tell the Lord Jesus the things you have done wrong*

*The priest gives words of encouragement*

*The priest gives you a penance, one of the prayers below, to make up for our wrongdoing:*

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**Pandemic Confession Times: 10.30am on Saturday Mornings**

**Normal Confession Times (when all restrictions are lifted): Saturdays: 09:30-09:50 & 17:00-17:30**

## The Sacrament of Reconciliation for Children and their Parents

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven; give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with thee, blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen

*Then the priest asks you to make the act of contrition prayer:*

**O my God, because you are so good, I am very sorry that I have sinned against you and with the help of your grace I will not sin again**

*The priest gives you absolution:*

*God the Father of mercies, through the death and resurrection of his son, has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins. Through the ministry of the Church, may God give you pardon and peace and I absolve you of your sins in the name of the Father + and of the Son and of the Holy Spirit. Amen*

**Go in peace... thanks be to God**

*Now find a quiet place and do your penance*

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## Preparing to go to Confession: A Parent's Examination of Conscience

- Do I keep Sunday Holy, attending Sunday Mass weekly?
  - Have I dishonoured the holy name of God or Jesus?
  - Do I watch or read material that is not appropriate?
    - Am I jealous of another's goods or abilities?
- Have I told any lies, gossiped or hurt another person?
  - Have I taken anything that doesn't belong to me?

### Going to Reconciliation:

**Priest:** In the Name of the Father and of the Son and of the Holy Spirit. Amen

**Bless me, Father, for I have sinned, it is x weeks / months since my last confession.**

*You are invited to tell the Lord Jesus the things you have done wrong*

*The priest gives words of encouragement*

*The priest gives you a penance, one or combination of the prayers below, to make up for our wrongdoing:*

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven; give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen**

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*Then the priest asks you to make the act of contrition prayer:*

**O my God, because you are so good, I am very sorry that I have sinned against you and with the help of your grace I will not sin again**

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May the passion of our Lord Jesus Christ, the intercession of the Blessed Virgin Mary and all the saints; whatever good you do, whatever suffering you endure, may this heal your sin, help you to grow in holiness and reward you with eternal life. **Amen.**

The Lord has freed you from sin, go in peace... **thanks be to God**

*Now find a quiet place and do your penance*

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